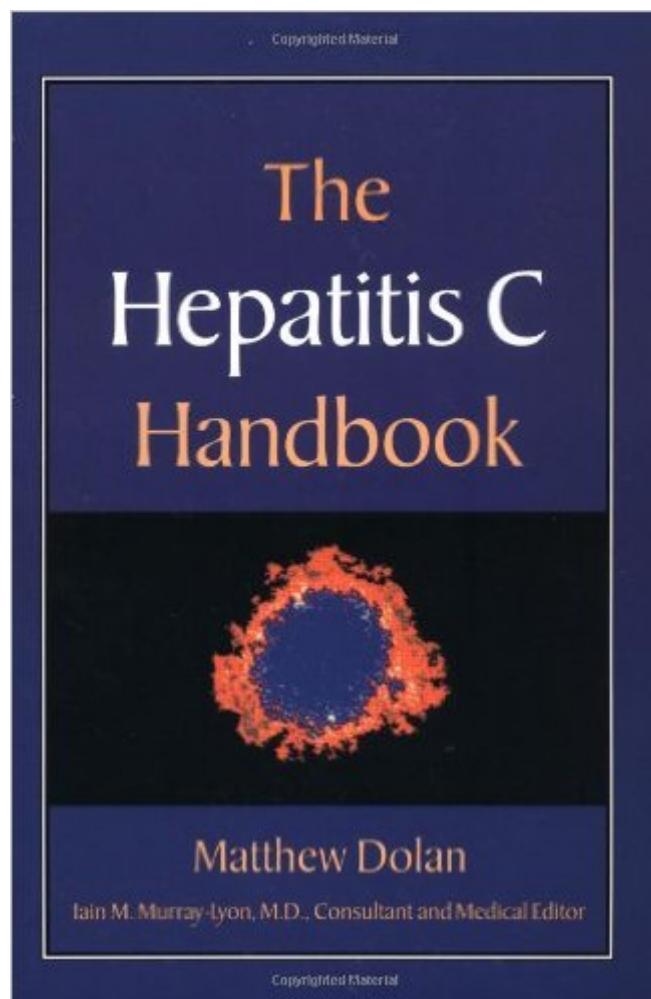


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# The Hepatitis C Handbook



## **Synopsis**

This definitive guide explains clearly what Hepatitis C is, outlines the course of the disease and the associated symptoms, and describes how it is transmitted. The author discusses available treatments as well as lifestyle changes that may help. Extensive sections on herbs, vitamins, and nutritional supplements are also included.

## **Book Information**

Paperback: 496 pages

Publisher: North Atlantic Books; Revised edition (April 12, 1999)

Language: English

ISBN-10: 1556433131

ISBN-13: 978-1556433139

Product Dimensions: 6 x 1.2 x 9 inches

Shipping Weight: 1.7 pounds

Average Customer Review: 4.6 out of 5 starsÂ  [See all reviewsÂ \(14 customer reviews\)](#)

Best Sellers Rank: #2,049,002 in Books (See Top 100 in Books) #50 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Hepatitis #201 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Genitourinary & STDs #749 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Abdominal

## **Customer Reviews**

In 1997, my Hep-C virus stirred (after 30 years of dormancy!) and began to seriously impact my life. A friend in London sent me Matthew Dolan's book. At the time I was seeing several medical specialists, most of whom gave advice that conflicted with the advice of all the others. I read Mr. Dolan's book and found a little peace. Here at last was a clear, sensible assessment of the disease, the medical profession's ignorance of it, and a thorough, sane, easily understood series of chapters on available options for living with Hep-C. Mr. Dolan gave no advice, pushed no preferences, he simply stated what was out there. He literally saved my life, not by holding out hope of a miracle cure, but by giving me the comfort of knowing that I was not alone. I cannot recommend this book highly enough to anyone with Hep-C, or anyone who lives with a Hepper. Thank you, Matthew Dolan!

I undertook a two-year very brutal drug treatment for HCV, and was recently miraculously cleared of the disease. There were times I felt like giving up, but relied again and again on the encouraging

information I gleaned from this book. It is informative, well-written, and emotionally supportive. My Doctor wanted a copy too, since sadly, there is little information available in the medical community. I highly recommend this book for anyone considering a treatment approach, or wanting a supportive source of compassionate and concise information.

Mr. Dolan has written the most comprehensive book to date on Hep. C. He covers what is going on in the Medical community and the alternative medicine community. He has Hep C himself so comes at the issue with more understanding than the average author. It has helped me to better understand this disease and I highly recommend it.

Matthew Dolan has created the best companion a person with HCV can have. Given the severity of HCV it is astonishing that there are so few decent books on the disease. In fact, there are only two: Stephen Buhner's Herbs for Hepatitis C and Matthew Dolan's. The Hepatitis C Handbook is simply the best and most supportive overview of hepatitis C on the market. The depth of research is remarkable, the insights of its author remarkable as well. BUY THIS BOOK!

Excellent book full of vital information. I'm so happy someone is getting the word out about treatment with Acupuncture and Chinese herbs! Dolan doesn't capitalize on the lack of treatment for Hep C by writing herbal treatments you can try at home. He emphasizes the need for a well trained herbalist. This is very important. Every one who has Hepatitis C should read this book. Then they should insist that their doctor reads it! It has a wealth of information for both the patient who has Hep C and the practitioner's who treat it. I can say this because I have the virus and I'm also a Chinese herbal practitioner.

This book is a must have for all who work with people with the hepatitis C, have Hepatitis C, or loves someone who has it. This book saves lives ! Thank you Mr. Dolan.

This seems to be a well written book with a lot of research put into it but, is any of it worthwhile for someone who has had HCV for many years and now cannot tolerate medical industry treatments with Interferon? I read several pages online and checked the index for herbal treatments with mixed findings. Liver Rescue 4: most of the ingredients in this product I found mentioned in the index. Himalaya Liver Care: none of the herbal ingredients in this product were listed in the index. Both of these products have good reviews by users so I was expecting to see mention of the

herbs used in the index of this book.I'm not interested in reading 500 pages about the virus and it's small size. I have been living with extreme pain and fatigue for many years. I am looking for alternate treatments with herbs or anything that will improve my quality of life. I know that this virus will be the reason I leave this world if I don't get hit buy a car or some other accident first. I am going to hold off on this book for now and see what else is out there.

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